

Microblading - Eyebrow Aftercare

Careful aftercare is very important for producing a beautiful and lasting result.

- It's important to NOT get the brows wet during the initial healing process (7 days)
- Use clear triple antibiotic ointment for 24 hours, then, switch to Aquaphor for the remaining 7-10 days. When applying ointments, the following procedure is done **each morning and night and before a shower or workout** for the first full 7 days: Apply the product, leave it on for five to ten minutes (or during shower/workout) – then, with a tissue or dry cotton round, wipe gently across each brow once to get off the excess goo. Proceed to **dab** each brow until dry and repeat in a few minutes to ensure that nothing is left on the brow. **However, starting on day three when scab starts to appear, do NOT wipe – only dab till dry.** You must be gentle, do NOT pull off the scabs prematurely. Your brows should remain dry all day and all night. Following this procedure will ensure the formation of thin scabs thus more color retention.
- Keep out of the sun for 7 days. After 7 days, wear sunscreen to aid in the longevity of your tattoo.
- As instructed – apply the ointments with freshly washed hands or a Q-tip. Never touch the procedure area without washing your hands immediately before.
- Do NOT scrub, rub, or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready the pigment underneath it can be pulled out.
- Do NOT use any makeup on the brows for at least 7-10 days or after scabbing is complete.
- After the procedure is completely healed, you may go back to your regular cleansing and makeup routine. Avoid scrubbing the area.
- Use sun block after the procedure area is healed to protect from fading
- **FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULTS IN INFECTIONS, PIGMENT LOSS, OR DISCOLORATION.**

Cautions: If the skin around the eyebrows breaks out in a heat rash, small pimples, this is usually a reaction to the numbing solution and should go away by itself in a couple weeks, don't pick. Please call immediately if this occurs so a technician can make note of the reaction and follow up to ensure this is not a more serious situation.

Warnings:

- MAKE ARTIST AWARE IF YOU HAVE HAD STAFF INFECTION, A FACELIFT, OR ARE ON ANTIBIOTICS (must be off for 2 weeks before treatment) / ARE CURRENTLY BEING TREATED BY A DOCTOR FOR AN INFECTION.
- Do NOT use any Retin-A or Glycolic Acids on or around the brow area during or after healing!
- Pregnant or breastfeeding patients must get approval by doctor before treatment.
- Do NOT scrub or pick treated areas!
- Do NOT expose area to the sun or tanning beds!
- Avoid swimming pool for 14 days!
- Do NOT dye or tweeze eyebrows for one week after the procedure!

Again, failure to follow post procedure instructions may result in infection or loss/discoloration of pigment.

Thin MD

What is normal?

- Mild swelling, itching, light scabbing, light bruising and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare ointments work well for scabbing and tightness
- Too dark and slightly uneven appearance. After 4-7 days the darkness will fade, and once any swelling dissipates unevenness usually disappears. If it is too dark or still a bit uneven after 4 weeks, then we will make adjustments during the touch up appointment
- Color change or color loss. As the procedure are heals, the color will lighten and sometimes seem to disappear in places. This can all be addressed during the touch up appointment, which is why touch up is necessary. The procedure area must heal completely before we can address any concerns. Healing takes about 4 weeks.
- Needing a touch up months later. A touch up may be needed 6 months to 1 year after the first touch up procedure depending on your skin, medications, and sun exposure. We recommend the first touch up 30 days after your first session; which is included in today's price. Then, every 6 months to 1 year to keep them looking fresh and beautiful. Future touch up sessions will cost the current touch up rate at time of scheduling. If most of the hair strokes have faded, the entire procedure will need to be repeated. Touch-up price will be decided after analysis from microblading artist if 50% or more of microbladed stroked have faded. A photo consultation may be necessary to determine if you need a touch up or a repeat of the entire procedure. Email photos to: staff@thinmdmedspa.com

By signing below, I have read, understood, and agreed to the above instructions.

Client Signature

Date

Witness Signature

Date

Client Medical History

Name: _____

Date: _____

Date of Birth: ____ / ____ / ____ Age: ____

Phone Number: (____) - ____ - ____

Current address: _____ City: _____ State: ____ Zip: _____

Emergency Contact: _____ Phone Number: (____) - ____ - ____

Please check the box to the right for any of the following you currently or have previously had:

History of MRSA	<input type="checkbox"/>
Botox – If so, last treatment: _____	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>
Hepatitis (A, B, C, D)	<input type="checkbox"/>
Forehead/Brow lift	<input type="checkbox"/>
Easy bleeding	<input type="checkbox"/>
Face lift	<input type="checkbox"/>
Alcoholism	<input type="checkbox"/>
Abnormal Heart Condition	<input type="checkbox"/>
Chemical Peel	<input type="checkbox"/>
Currently Pregnant or Breastfeeding	<input type="checkbox"/>
Brow or Lash Tinting	<input type="checkbox"/>
Autoimmune Disorder	<input type="checkbox"/>
Oily Skin	<input type="checkbox"/>
Cancer – If yes, year _____	<input type="checkbox"/>
Accutane or Acne Treatment	<input type="checkbox"/>
Chemotherapy / Radiation	<input type="checkbox"/>
Tumors / Growths / Cysts	<input type="checkbox"/>
Difficulty numbing (i.e. with dental work)	<input type="checkbox"/>
Taking blood thinners (i.e. Aspirin, Ibuprofen, alcohol, Coumadin, etc.)	<input type="checkbox"/>
Allergic reactions to Lidocaine, Tetracaine, Epinephrine, Derma Caine, Benzyl alcohol, Carbopol, Lecithin, Propylene glycol, Vit. E Acetate)	<input type="checkbox"/>

List any/all allergies (including metals / foods): _____

List any skin care products you use containing Retin-A, glycolic acid or alpha hydroxyl: _____

Signature: _____

Date: _____

Consent and Release Agreement

This form is designed to give information needed to make an informed choice of whether to undergo a Microblading Semi-permanent make up application. If you have any questions, please don't hesitate to ask.

Although this method is affective in most cases, no guarantee can be made that a specific client will benefit from the procedure.

The method our artist has been licensed in is a process of inserting pigment into the dermal layer of the skin and is a form of tattooing.

All instruments that enter the skin or meet body fluids are disposable and disposed of immediately after use. Cross contamination guidelines are strictly adhered to.

Generally, the results are excellent. However, a perfect result is not a realistic expectation, it is usual to expect a touch-up after the healing is completed.

Initially the color will appear much more vibrant or darker compared to the result. Usually within 5-7 days the color will fade 40-50%, soften and look more natural. The pigment is semi-permanent and will fade over time and will likely need to be touched-up within 6 months to 2 years. Please note that color may fade faster on oily skin.

Photography Release Consent

We would like your permission to use before and after photos for advertising. For example, in portfolios, online and in print ads, etc. Your consent is necessary regarding this. Please sign below if you will allow us to use your photos (up close of brows only)

Signature: _____

Date: _____

Special requests, concerns or remarks for technician: _____

Possible Risks, Hazards or Complications

- Pain: There can be pain even after the topical anesthetic has been used. Anesthetics work better on some people than others.
- Infection: Infection is very unusual. The areas treated must be kept clean and only freshly cleaned hands should touch the areas. See “aftercare” sheet for instructions on care.
- Uneven Pigmentation: This can result from poor healing, infection, bleeding or many other causes. Your follow up appointment will likely correct any uneven appearance.
- Asymmetry: Every effort will be made to avoid asymmetry but our faces are not symmetrical, so adjustments may be needed during the follow up session to correct any unevenness.
- Excessive Swelling or Bruising: Some people bruise and swell more than others. Ice packs may help and the bruising and swelling typically disappears within 1-5 days. Some people don't bruise or swell at all.
- Anesthesia: Topical anesthetics are used to numb the area to be tattooed. Lidocaine, Prilocaine, Benzocaine, Tetracaine and Epinephrine in a cream or gel form are typically used. If you are allergic to any of these please inform us now.
- MRI: Because pigments used in permanent cosmetic procedures contain inert oxides, a low-level magnet may be required if you need to be scanned by an MRI machine. You must inform your technician of any tattoos or permanent cosmetics.
- Allergic Reaction: There is a small possibility of an allergic reaction. You may take a 5-7 day patch test to determine this. Please **initial** to: waive: _____ or take: _____

The alternative to these possibilities is to use cosmetics and not undergo 3d eyebrow embroidery procedure.

By signing below, I have read, acknowledged and agree to the above risks, hazards or complications.

Signature: _____ **Date:** _____

STATEMENT OF CONSENT AND RECITALS

Please read and initial ALL lines

Aftercare instructions have been explained to me and a written copy will be given to me to retain in my possession, which I will follow to the best of my ability. If I have questions, I will call or email you.

I understand that a certain amount of discomfort is associated with this procedure and that swelling, redness and bruising may occur.

I understand that Retin-A, Renova, Alpha Hydroxy and Glycolic Acids must not be used on the treated areas. They will alter the color.

I understand that sun, tanning beds, pools, some skin care products and medications can affect my permanent makeup.

I will tell all skin care professionals or medical personnel about me permanent makeup procedures, especially if I'm scheduled for an MRI

I accept the responsibility to explain to you my desire for specific colors, shape, and position for any procedure today.

I understand that implanted pigment color can slightly change or fade over time due to circumstances beyond your control and I will need to maintain the color with future applications and a touch up session within 60 days.

I acknowledge that the proposed procedure(s) involve risks inherent in the procedure and have possibilities of complications during and/or following the procedures such as: infection, misplaced pigment, poor color retention and hyper-pigmentation.

I have been quoted the cost of today's appointment, which includes **one (1) touch up after 30 days and within 60 days post initial procedure. After 60 days a fee will apply and there will be no refunds for this elective procedure(s)**

I certify that I have read or have had read to me the contents of this form. I understand the risks and alternatives involved in this procedure(s) and I have had the opportunity to ask questions and all of my questions have been answered. I acknowledge that I have reviewed and approved the material given to me and I authorize ThinMD Med Spa as my microblading / eyebrow embroidery technician to perform on my body the microblading / eyebrow embroidery procedure desired today.

Signature: _____

Date: _____

Witness Signature: _____

Date: _____

What factors will affect Microblading?

Sun exposure: The sun will extremely soften the look of your tattoo, so sun block should be used (once healed) to prolong your enhancement.

The regeneration of skin cells: The longer the regeneration takes, the longer the pigment holds.

The speed at which the skin absorbs the pigments: The slower the absorption, the longer the pigment will hold.

The color choice for your brow: Some colors fade quicker than others. For example, blonde pigment may fade quicker than a dark brunette pigment.

Bleeding during the procedure: Any bleeding during the procedure will reduce the amount of pigment absorption.

Preexisting brow tattoos: If you have preexisting brow tattoo that you are looking to add to or correct, there is a chance of poor color retention due to build up scar tissue. Although this is rare, there is no guarantee the pigment will be fully absorbed.

Please initial here if you are a client with preexisting eyebrow tattoos

Initials: _____

By signing below, I have read, acknowledged and agree to the above.

Signature: _____

Date: _____

Witness Signature: _____

Date: _____

Custom Color Consultation Form

Microblading Specialist to Complete

Client Name: _____

Date: _____

Special requests concerns or remarks:

Thin MD

Med Spa

Florida